

May/June 2015

Anderson Times

Anderson Continues to Set the Standard for Cardiac Care

Anderson's two, new, state-of-the-art cath labs were unveiled on April 30th to a group that helped make it happen. The **Give A Heart** campaign donors, along with area Chambers of Commerce celebrated the opening with an official ribbon cutting and celebration.

Pictured with ribbon, left to right are: Jason Weiss, Foundation Board; Dr. Max Eakin, Foundation Board Co-Chair; Mark Shashek, Anderson Hospital Board Chairman; Larry Gullede, Maryville Mayor; Kathie Opel, Foundation Board; Lendell Phelps, Foundation Board Co-Chair; Bill Rodgers, Director of Cardiovascular Services. Story continues on back page.



Anderson Now an Emergent Stroke Ready Hospital



*Keith Page,
Anderson Hospital President and CEO*

Strokes kill nearly 130,000 Americans each year, nearly one every four minutes, 38 percent of which were aware of all major side effects.

According to the Center for Disease Control, the time it takes to treat a stroke can be absolutely crucial when it comes to minimizing damage and risk of death. In 2013, the Illinois Department of Public Health held a survey that determined that over 120,000 Illinois residents had experienced a stroke in some capacity.

Anderson Hospital received a recent designation of Emergent Stroke Ready Hospital from the Illinois Department of Public Health, which can provide assurance to community residents who would be at risk for stroke. This designation is a great example of our commitment to provide quality health care.

Anderson earned this designation that requires the hospital meet strict requirements, particularly in regards to procedure and documentation. On the list of standards a hospital must meet are constant brain image testing, blood coagulation studies, maintained transfer agreements with one or more hospitals with neurosurgical expertise, and a detailed log of acute stroke patients that can be accessed by other emergent stroke ready hospitals.

The hospital must maintain these strict standards to maintain its designation and will be tested at least one time per year to ensure that the guidelines are being upheld. With improved records and procedure, an Emergent Stroke Ready Hospital can efficiently diagnose, treat, and transfer stroke patients to a primary stroke center.

Special thanks to the team that managed this effort including Toni Lipe, Jean Day, Lisa Klaustermeier, Michelle Ward, Chelsey White, Tracie Sussenbach, Bill Rodgers, Brandy Bowman, Angela Feldman, Brad Perry and Dr. Ali.



Patients Benefit from LEAN Hospitals



Katie Ward
Lean Facilitator

On March 23, 2010 President Obama signed the Patient Protection and Affordable Care Act in an attempt to make health care reasonable for more families. The impact of this legislation permits 27 million consumers access to the health care system (whitehouse.gov, 2014). To complicate the situation, it is estimated that by the year 2030 one in five Americans will be over the age of 65 (whitehouse.gov, 2014). Therefore, Medicare has taken appropriate countermeasures to allocate funding and will reimburse hospitals based on high quality outcomes and services (medicare.gov, 2014).

Anderson Hospital is proactively looking at ways to provide excellent healthcare to more patients, with less financial resources supporting the efforts. The LEAN program was started in 2011 in response to the predicted financial impact of the Affordable Health Care Act. LEAN transformation identifies the

customer as our patient and eliminates waste. In healthcare, waste is anything that does not add value to the patient experience. Patients benefit from patronizing LEAN healthcare organizations by experiencing efficient high-quality care and excellent customer service. More importantly, LEAN initiatives strive for healthcare services that are safe and defect free. The use of A3, 5S and Kaizen tools can expedite problem solving so that good understanding of the root cause for the issue is achieved. LEAN methodology assures that all parties who participate in the process are involved in the problem solving, solution and implementation phases.

Since 2011, many great LEAN projects have been completed and implemented. Leaders and staff became change agents by supporting an unselfish viewpoint, being open-minded and considerate to other team member's perspective. The LEAN program has been utilized to support many customer service focused committee's such as the Patient Experience Team (PET). Anderson Hospital strongly believes that staff can become innovators leading to a more efficient healthcare system. The LEAN program is putting the power in the hands of our staff to make a change for the better. In closing, I encourage all staff members to actively be involved in LEAN projects and continue to assist with the Anderson Hospital mission.



Safe Patient Handling Journey Begins

After 2 years of planning,, it was up, up and away with the Safe Patient Handling Team’s journey to “Know Safety, No Accidents.”

Anderson Hospital enlisted the services of Diligent, ArjoHuntleigh’s Safe Patient Handling and Mobility (SPHM) Clinical Partnership Program. Diligent™ hospital injury prevention program improves care quality and reduces costs for incidents by clinical based education and training, peer leadership development and integration of best practices.

Lifting, repositioning and transferring patients are daily events for caregivers, putting them and their patients at risk for injury. According to American Nurse Today, during a typical 8-hour shift, a nurse lifts a cumulative weight of about 1.8 tons!

“Hospital patients are older, heavier, and sicker than they used to be, making manual handling an even more serious hazard,” writes Ninica L. Howard, MS, CPE, for American Nurse Today. “In fact, patient handling can be as risky as construction work.”

Patient lifts aren’t new. What is new is the comprehensive training component focused on education and changing behaviors. It’s about

building a hospital-system culture where safety comes first.

The staff has embraced the new technology, many sharing great stories with the core team.

According to Sandy Riley, RN, third floor staff used the Sara Plus, Sara Steady, Maxi Move, Maxi slides, and Blue tubes all in just a few hours of receiving the new items. Second floor staff stated, “We are turning patients with just one person where it took at least 2 before the Maxi Slides.”

Karen Simpson, OB Director, said “I just had two OB techs in my office that were so excited how well the Maxi air worked on a c/section – I wish you could have seen them -- they are believers with one try and can’t wait to do 2 c/sections tomorrow.”

Patients, too, have commented how the new equipment relieves some of the pain associated with maneuvering and attempting to get mobile once again.

The three-year pilot program with Diligent entails training a large portion of the staff and conducting follow-ups and evaluations.

-- *Natalie Head, Communications Director*

Know Safety, No Accidents



Our Volunteers are Priceless!

On May 1st, Anderson Hospital was had the opportunity to show their love and appreciation for our Volunteers during the annual Volunteer Appreciation Luncheon! The event, held at the Villa Marie Winery in Maryville, featured entertainment by a tribute artist of the legendary Patsy Cline. The volunteers went “Crazy” for her beautiful songs! The “fell to pieces” listening to her rendition of “Sweet Dreams” and “Walkin After Midnight.” Volunteers said it was “the best event yet!” What a great way to say thanks.



Speak Up!

Now more than ever, keeping a watchful eye on

our environment is a team endeavor. It is everyone's responsibility to keep Anderson Hospital safe and secure.

If you see anything suspicious or out of the ordinary, report it to security by calling 5990.

Baumann Highlighted in Alumni Newsletter

"I've been practicing nursing for 31 years, and I've had the good fortune to be a staff nurse from the day I started to the present," said Marilyn Baumann, a 1983 Jewish Hospital School of Nursing alumna and chair of the alumni advisory council. "I still do bedside patient care."

Her career has been wide-ranging, to say the least. "I'm kind of a jack of all trades because I have rotated through many different areas. I worked for 25 years as a float nurse, going where I was needed. I routinely worked in the transplant unit, a pretty exciting place."

Currently working in case management at Anderson Hospital in Maryville, Ill., Baumann hasn't lost her hands-on outlook. "I can still make an impact and meet important needs in a variety of ways by analyzing the chart, working with doctors to manage care, checking medications for timing and potential interactions, transitioning patients to home and more."



Though Baumann has cared for all kinds of patients in all kinds of situations, she noted a single common denominator: "The biggest barrier to a patient's recovery is often lack of knowledge. Technology is great, but patients are human. When people are frightened, they don't hear what you are saying. If you can make a patient comfortable at a basic level, then you can educate them. One of the things I learned in school is that the patient is part of the team; we need to help our patients understand that role."

Throughout her career, Baumann has remained involved in the welfare of the school. This year, she became chair of the alumni advisory council. "I have been a part of the alumni council since it began. I owe my career to this school, and I was happy to accept this new leadership position," she said. -- *From Harnessing the Power of Alums, Goldfarb School of Nursing*

Anderson Thanks Al Hogg for Volunteering Time and Talent

Not too many people would come to their place of work on their day off to volunteer. Some people aren't as passionate about sharing their talents as Allan Hogg. Most days, Allan can be found working as a dedicated nurse in the ICU or IMU, but on Friday, May 1, Al was working on bikes. Al is a member of an organization called Cycle of Giving whose mission is to provide low and middle-income families access to new and used bikes, encourage exercise and healthy lifestyles, provide alternatives to automobile transportation, and promote literacy.



Another Inaugural Staff Member Retires

Few can say they worked in these halls before the doors ever opened to patients. Food and Nutrition's June Hoskins can say that, however. Hired December 27th, 1976, June was part of the group of employees that helped open the doors for business. Since that time, June has served continuously in the Food & Nutrition Department. What she is most looking forward to in retirement? "Not waking up at 4 a.m. to get ready for work," laughed June. In reality she plans on spending much valuable time with her family including her grandchildren. Best wishes to you June!



Thank You Dr. Cruz for your 30 Years of Service

In April we said goodbye to ER Physician, Dr. Chris Cruz. He joined our staff in October of 1985 and had been a constant presence in our ER ever since. Over his 30 years he forged many friendships throughout our facility. If you were ever an ER patient, you were always happy to see his friendly face appear in your room. Not only was he a pillar of our ER, but also a supporter of the hospital overall. For years, he and his wife Melissa attended the annual Galas and events. He even became a “Star” in our Dancing with the Stars event at Christmas and later became the Emcee. We wish him the best in all his future endeavors.



Hospital Week

Get your smile 😊!

MAY 11 Smile Campaign 😊
Be the reason someone smiles today!

MAY 12 Wii Bowling 😊
Experience Wii Bowling
in Vending 10 a.m. to 2 p.m.

MAY 13 😊 Cookie Day 11 a.m. to 2 p.m.
Cafe
Free Cookie when you nominate
a department that always has their smile on!

MAY 14 Recognize & Reward 😊
Recognize nominees of Smiley Contest!

MAY 15 😊 Employee BBQ
Cafe 11 a.m. to 6 p.m.