

SUCCESS STORY

The Rehabilitation Center

Anderson Hospital

Pamula Basden

Admitting Diagnosis: Stroke

Admission Date: 10-05-2018

Discharge Date: 10-27-2018

Discharge Location: Home with Home Health

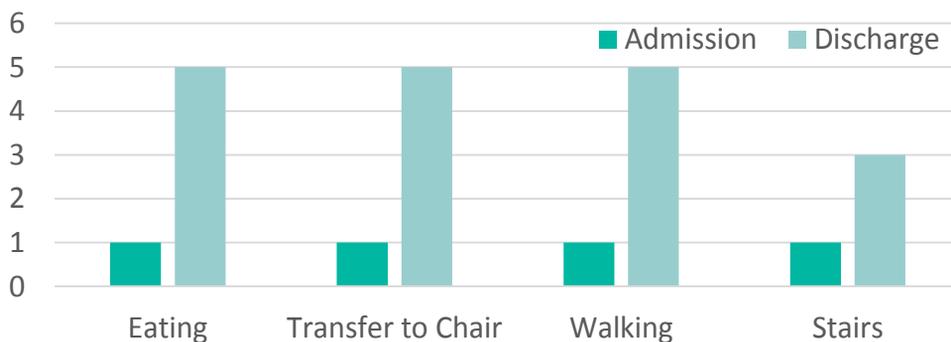


Pam's Success Story, As Told by Her Daughter

Pam's daughter Tammy shared what the rehabilitation process has been like for their family. "Mom had a stroke. She lost the use of her arm, she couldn't swallow, and she couldn't speak. She had a feeding tube. When she first got here, she was walking about 6 steps but leaning hard to the left. In the beginning, she was not confident, not hopeful, and I think she was losing her will a little. As a daughter, I was heartbroken. I was so worried about her future...but acute rehab is like a speed course. You get down to business so that the person can reclaim their life. The progress she's had here has been explosive. Now, she can say 'I love you,' she can swallow real food, and she can walk unassisted." Tammy went on, "It's beyond words how supportive the staff here has been. What I'll remember most is how caring and attentive everyone was. They have been very aware of what we need to be able to do when we go home, and give us the opportunity to practice. We have had trainings every day, the therapists and I. It's been full hands-on. I have engulfed myself so that I know what I'm doing, and they've helped fine tune my skills to be able to take care of my mom." Tammy went on, "Being in a situation like this, facing the unknown....you're constantly second-guessing whether you made the right choice for your parent. But I can say, without a shadow of a doubt, that the best choice I have made for Mom is choosing Anderson for her rehab. They've gone above and beyond in every way."

Outcomes

Pam discharged home after a 23-day rehab stay. She progressed from needing total assistance (100%) to get into a chair to requiring stand-by assistance. She went from walking 9' feet with moderate assistance to walking 150 feet with someone just standing nearby. She progressed from requiring tube feeds to eating soft foods and drinking regular liquids with supervision. The following reflect Pam's functional gains on a 0-7 scale (Functional Independence Measure), where higher scores indicate greater independence.



For more information or to request a patient assessment, contact our admissions team:

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