

SUCCESS STORY

Delbert Connors

Admitting Diagnosis: Stroke
Admission Date: 04-22-2018
Discharge Date: 05-14-2018
Discharge Location: Home

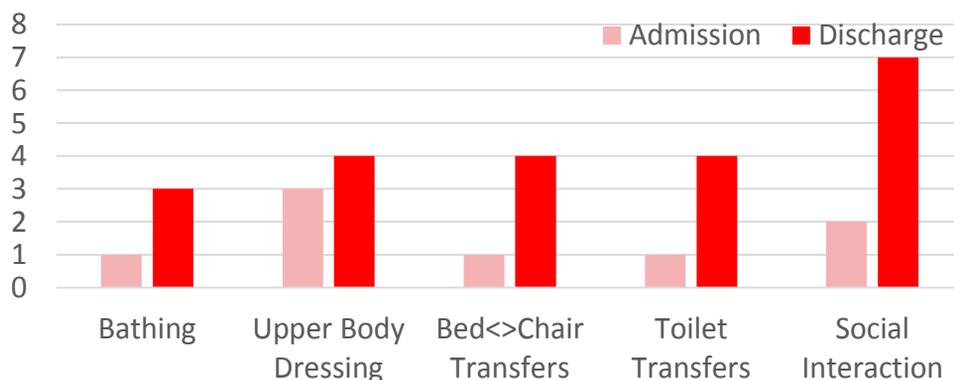


Mr. Connor's Success Story

Mr. Connors is a retired and active former All American football player. He and his wife of 41 years, Carolyn, enjoy spending time with their 3 children and 5 grandchildren. Delbert said he did not realize that he had a stroke. "I didn't believe anything was wrong until I couldn't move this whole side," he said. He was treated at another facility for his stroke before transferring to The Rehabilitation Center to start acute inpatient rehabilitation. "I didn't know anything about this type of rehab before...I never thought about this happening to me," he said. Mr. Connor's stroke left him unable to move his arm. Mr. Connor had nothing but praise for the rehab nurses and therapists, stating, "They help you get your life back together the way it was or the way it should be....Everyone wanted to help me improve. They get you up and going, even if you don't want to. That's why I would recommend it here: they are pushing me to be a successful human being." During the last few days of his stay, the therapists accompanied him on a home evaluation to assess the safety of his home. "I needed to change some things around but now it will be (safer) for me. It really helped me see what I was able to do at home before I'm there for good," Mr. Connors expounded. Mr. Connors was a model patient and has an excellent outlook on his recovery. "I'm going to go home and continue to do my therapy. I've got to keep moving on and improve my life," he said.

Outcomes

Mr. Connors discharged home after a 23-day rehab stay. During this stay, he went from requiring total assistance (100%) with bathing to needing 50% assist. He progressed from needing two people to assist him into a chair to requiring minimal assistance (25%). He went from walking 6 steps with moderate assistance of two helpers to walking 125 feet with someone steadying him. The following reflect Mr. Connor's functional gains on a 0-7 scale (Functional Independence Measure), where higher scores indicate greater independence.



For more information or to request a patient assessment, contact our admissions team:

Alisabeth Hardnock, RN, 618-391-5230
Kimberly Parks, COTA/L, 618-531-1872