

SUCCESS STORY

Patricia Dona

Admitting Diagnosis: Cardiac Arrest

Admission Date: 10-05-2018

Discharge Date: 10-17-2018

Discharge Location: Home with Home Health

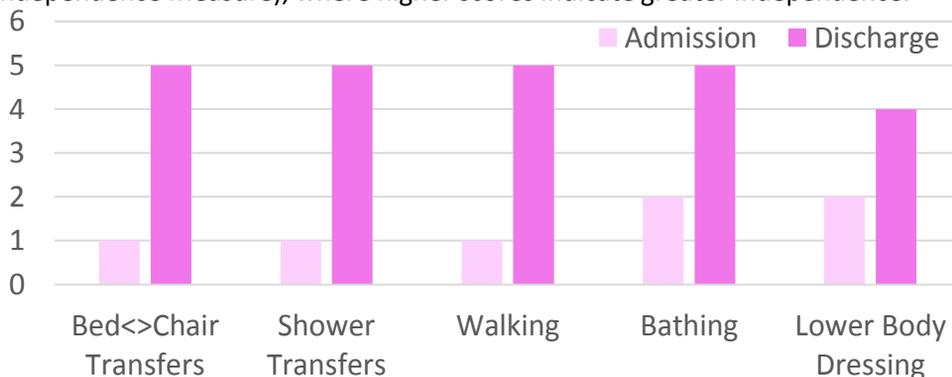


Pat's Success Story: In Her Own Words

"My husband and I were going to go feed the ducks and I went unresponsive in the car. He called the paramedics, and they said I was dead when they arrived. They went to work on me and the cardiologists brought me back to life." Pat underwent tracheostomy and feeding tube placement. She was transferred to a long-term acute care hospital, where she was eventually able to have the tracheostomy removed. "There was very limited therapy there, so we checked around for rehab places and we heard that Anderson is a really good place. I'm so glad that we made this decision. I don't think that my health would be what it is today if I had gone anywhere else. The people know just what you need here. They encourage you to do more than you think you can do. When I first came, I was able to sit up in a chair, get in and out of bed, and that's about it. These ladies come up with creative ideas for making what you need to do easier, and most importantly, they encourage you. They really get to know you for who you are. The main memory that I'll take away from this experience is the laughter." Pat finally got to go home after a two-month hospitalization. "Now, I'm able to walk 150 feet, I can get up and go to the bathroom on my own, pretty much dress myself, and I don't need the feeding tube anymore," she explained, the day before she discharged. "Before I came here, I didn't have much hope. Now, I look forward to what's to come. It has been such a pleasant experience. If you have to be in rehab, Anderson Hospital is the place to be."

Outcomes

Pat discharged home after a 12-day rehab stay. She progressed from needing total assistance (100%) to get into a chair to requiring stand-by assistance. She went from walking 18' feet with minimal assistance to walking 150 feet with someone just standing nearby. She progressed from needing maximal assistance with bathing and dressing to needing minimal assistance. The following reflect Pat's functional gains on a 0-7 scale (Functional Independence Measure), where higher scores indicate greater independence.



For more information or to request a patient assessment, contact our admissions team:

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