

SUCCESS STORY

The Rehabilitation Center

Anderson Hospital



Lyn Kuttin

Admitting Diagnosis: Spondylolisthesis with Myelopathy

Admission Date: 03-01-2018

Discharge Date: 03-20-2018

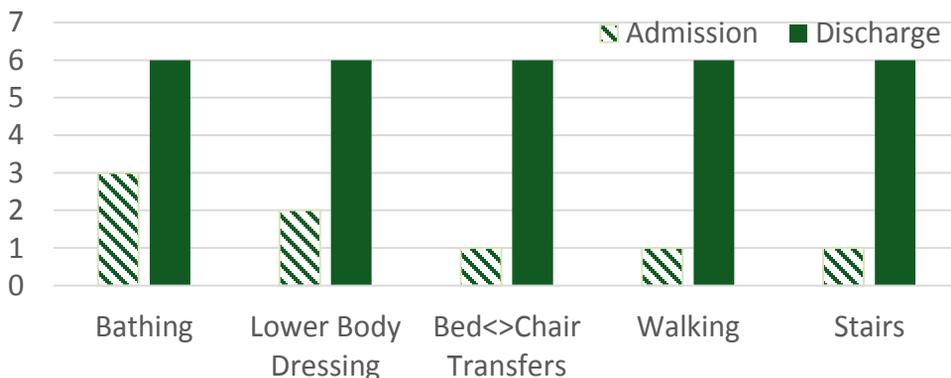
Discharge Location: Home with Home Health Services

Success Story

"I had a hereditary issue with my back that needed a rod and fusions and some additional procedures. I had the surgery at another hospital, and the surgery went great. After the surgery, however, everything that could go wrong ended up going wrong. Because of all the complications, I needed rehab to get me back to where I needed to be. We chose Anderson Hospital for rehab because it has an excellent reputation. I needed the three hours a day of physical and occupational therapy. Here, you are worked, and you are pushed....But it's not beyond your limit. They get a feel for what you can take when they evaluate you, and they know how to work you. When I was at my sorest, and when I was having a pity party, each therapist here was looking out for me. Their collaboration was great. I have had a lot of knee surgeries in the past. I have experienced bad, good, and excellent therapy. Anderson is unquestionably excellent. In the 20 days that I've been here, I have come farther here than I thought possible. When I first got here, my legs barely moved. It was hard to stand, let alone walk. In 20 days, they've helped me do what I did not think was possible, and I am so grateful."

Outcomes

Lyn discharged home with home health services after a 20-day rehab stay. During her stay, she went from requiring assistance with bathing and dressing to being independent. She progressed from requiring total assistance to transfer from a bed to a chair to being independent with a walker. She progressed from walking 10 feet with 50-75% assistance to walking >200' by herself. The following reflect Lyn's functional gains on a 0-7 scale (Functional Independence Measure), where higher scores indicate greater independence.



For more information or to request a patient assessment, contact our admissions team:

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