

SUCCESS STORY

The Rehabilitation Center

Anderson Hospital

David Staake

Admitting Diagnosis: Guillain-Barré Syndrome

Admission Date: 04-19-2018

Discharge Date: 05-11-2018

Discharge Location: Home

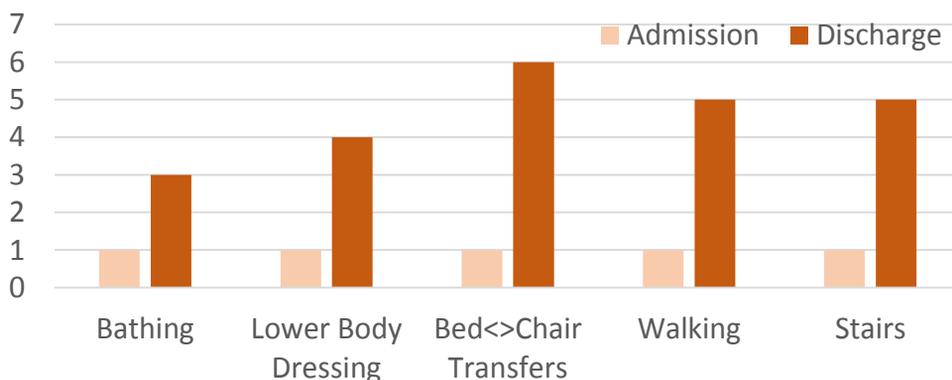


David's Success Story: In His Own Words

"It all started with a sinus and ear infection, and then I started losing use of my arms and legs. I stayed in the hospital for about two weeks. There, I lost the use of my (breathing muscles), and pretty much became totally paralyzed from the neck down. I got a tracheostomy and a feeding tube. I even lost most of the muscles in my face." David was diagnosed with Guillain-Barré Syndrome, a disorder in which the body's immune system attacks one's nerves. "I was in the hospital for about two weeks and then went to a long-term acute care hospital for awhile before coming here. I was slightly intimidated by the term 'acute rehab' because my body was so limited. When I got here, everyone was so caring and helpful that my fears went away the very first day. I have worked as hard as I could, and every morning, I feel better and stronger. When I came, I needed two people just to help me do the slightest thing. Now, I can do most of what I need to do unassisted. This staff has really helped me focus on how I will continue to get better. It's been a rough journey for me but this facility has really helped me get my life back. I have reached my goal of being able to walk. At first I was hardly able to stand, and three weeks later, I am going home and don't need a wheelchair...that is an accomplishment I could not have reached without the people here. The kind and compassionate way they do their job is really excellent."

Outcomes

David discharged home after a 23-day rehab stay. During this stay, he went from requiring total (100%) assistance with bathing, lower body and dressing, to needing 50% assist. He progressed from needing two people to assist him into a chair to requiring no assistance. He went from walking 10 feet with 100% assistance to walking 300 feet with someone just standing nearby. The following reflect David's functional gains on a 0-7 scale (Functional Independence Measure), where higher scores indicate greater independence.



For more information or to request a patient assessment, contact our admissions team:

Alisabeth Hardnock, RN, 618-391-5230

Kimberly Parks, COTA/L, 618-531-1872